

STEPPING STONES

WHOLE HAND GRASP – BEAN TRANSFER

MATERIALS:

- TWO MATCHING BOWLS
- LARGE BEANS (ENOUGH FOR 3 HANDFULS IN THE BOWL ON THE LEFT)
- ONE TRAY
- ONE PLACEMAT

OBJECTIVES:

- DEVELOPMENT OF ORDER, CONCENTRATION, COORDINATION, AND INDEPENDENCE
- DEVELOPMENT OF HAND-EYE COORDINATION
- DEVELOPMENT OF FINE MOTOR SKILLS
- DEVELOPMENT OF SELF-ESTEEM
- LANGUAGE: Beans, color of beans, tray, bowl/bowls, and handful. Transfer, grasp, empty, and full. Discussion of the shape, color, and feel of the beans.

PRESENTATION:

- Carry the mat to the table and roll it out moving from left to right.
- Carry the tray with two hands to the table.
- Place the tray in the center of the table with the full bowl on the left.
- Invite the child to sit on your left side to view the activity.
- Say "These are beans. I will show you how to transfer or move the beans from the left bowl to the right bowl."
- Steady the bowl on the left with your left hand and grasp a handful of beans. Lift your hand slightly to let any loose beans fall back into the bowl.
- Move your hand to the center of the bowl on the right. Lower your hand and release the beans.
- Continue the transfer with the remaining beans until the bowl is empty.
- Look into the left bowl and note that it is empty.
- Release the grasp of the left bowl.
- Transfer the beans back to the original bowl using the right had to steady the right bowl and grasping the beans with the left hand.
- Check around the tray for any spilled beans. Pick-up any beans using the thumb and middle fingers of the dominant hand and return the beans to the left bowl.



We'd love to see photos of your at home learning! Tag us on Facebook and Instagram with hashtag #MinnielandAtHome